SUMMER VOLUNTARY WORKOUTS

Student-athletes can participate in voluntary activities over the summer if they are cleared by the Compliance Office. Activities are voluntary only if:

- Coaches do not observe workouts (unless as specifically permitted below);
- There is no reporting back to coaches (from student-athletes or staff members who observe);
- Workouts are initiated by student-athletes (coaches/staff members can provide information regarding available opportunities);
- Attendance is not recorded; and
- There is no penalty for missing and no recognition/incentive for attending.

Individual sport exception

Coaches in individual sports may participate in individual workout sessions with student-athletes during the summer, provided the request for the assistance is initiated by student-athletes.

Safety exception

Coaches may monitor (but not conduct) workouts in:

- Water polo when student-athletes engage in activities related to their sport; and
- Gymnastics and field events for track and field when student-athletes use equipment related to their sport.

Swimming and wrestling are also safety exception sports, but coaches are better off using the individual sport exception.

Please contact the Compliance Office if you have questions about whether your practice is voluntary.

BASKETBALL/FOOTBALL REQUIRED WORKOUTS

Basketball and football student-athletes can have required workouts for up to eight weeks during the summer, for a maximum of eight hours per week. Workouts may only include:

- Weights and conditioning; and
- Two hours maximum per week for skill instruction (basketball) or film review (football).

Student-athletes may only participate in required activities if they:

- Are taking summer classes (only while classes are in session); or
- For returning student-athletes, meet academic requirements (2.2 GPA and progress toward degree).
IN THE NEWS

Oklahoma State Football Penalized for Low Academic Progress Rate

The Oklahoma State football team was penalized for failure to meet APR requirements (score of 930 over a four-year period or 940 over a two-year period). The team will be limited to five practice days each week instead of six and may only practice for a total of 18 hours per week instead of 20. The program avoided postseason bans and more severe penalties because of its APR improvement over the past few years.

Key Takeaways:
1. Student-athletes should continue to meet regularly with their academic coaches and attend advising appointments and study halls.
2. Failure to meet APR requirements can directly affect you and your teammates’ athletics participation, including contest reductions, practice limitations, and postseason bans.

DID YOU KNOW?

Steve Webb played collegiate baseball at Northern Illinois University. He currently is tied for the single season triples record.

Justin Pollnow also played collegiate baseball. His 0.64 ERA is the single season record for the Cardinal Stritch baseball team.

Brad Chandler once saved a man’s life in front of thousands of people.

When Susanna Tamol was 9 years old, she won the State of Arizona and a 5-state regional piano competition for best original composition.

Peter Turney was an extra in the 2008 Christian Bale film, “The Dark Knight.”

Ryan Albregts has been to five of the seven continents, including a two-year stay in Australia and five trips to Africa.

COMPLIANCE OFFICE UPDATES

New Compliance Office Website

The Compliance Office is happy to announce the launch of our brand new compliance website. The student-athletes tab on our website provides you with many of the most important NCAA rules for student-athletes and electronic versions of some of the most commonly used forms (e.g., book reimbursement and student assistance fund applications).

SunDevilCompliance.asu.edu

ACS Renewal Process

For those student-athletes who received a scholarship renewal, your athletics scholarship renewal notifications for 2014-15 are posted to your ACS profile. You should have also received a notification email at your ASU email address.

Scholarship renewals are approved by sport supervisors and the ASU Financial Aid Office before they are posted to your profile. You must electronically sign your renewal for it to be processed and approved.

Summer Employment

NCAA legislation allows student-athletes to be employed at any time during the year as long as they are:
- Paid at the going rate in the locality for similar services;
- Paid only for work actually and already performed; and
- Not paid because of athletics reputation.

As returning student-athletes, you have been sent (and should have already completed) the summer employment form through ACS. As part of the student-athlete employment review process, the Compliance Office may contact your employer.

Please have your employer promptly respond to any requests from the Compliance Office.