PRACTICE – WHAT IS VOLUNTARY?

NCAA legislation limits the amount of time that coaches can require student-athletes to engage in countable athletically related activities. Truly voluntary activities (as defined by NCAA legislation) are not countable.

| Countable activities: | • Involve student-athletes;  
| | • Are athletically related; and  
| | • Are observed, supervised, directed, or otherwise required by a coach.  
| Athletically related activities are voluntary if: | • The activity is initiated by the student-athlete;  
| | • No one reports information related to the activity to a coach or other athletics staff member;  
| | • Attendance is not recorded; and  
| | • There is no penalty for missing and no recognition/incentive for attending.  

If a student-athlete requests additional work with a coach, is that work countable? Yes. If a coach is present, the workout is countable. There are two exceptions to the rule:

• If a strength and conditioning coach is present during, but not directing, an otherwise voluntary strength and conditioning workout, as long as a countable coach is not present and attendance is not reported; or

• If a countable coach is present at a skill workout in a safety exception sport (gymnastics, swimming, fields events in track, water polo, and wrestling) as long as the activity is not conducted by the coach and the coach only offers safety related instruction.

Can a student-athlete review practice hours? Yes. Student-athletes receive emails from the Compliance Office to approve practice hours. Please help us meet our NCAA obligations by responding to these practice approval requests in a timely manner.

To log on to ACS, please go to ica.asu.edu/acs and login using your MyASU information.

COMPLIMENTARY TICKETS

As a student-athlete, you may receive four complimentary tickets to home events in your sport.

• You cannot sell or trade your tickets for anything of value (e.g., clothing, meals, hair cuts, tattoos).
• You cannot give tickets to another person who sells or trades them for anything of value.
• You cannot receive anything of value if you transfer your unused tickets to teammates.
• You cannot give your tickets to agents or their employees (e.g., runners) or financial advisors.

The ticket request process through ACS (ica.asu.edu/acs) has two steps. If guests have not been added and approved, they will not receive complimentary tickets.

• First, add guests to the Guest List in ACS. Please do this early because all guests must be approved by the Compliance Office.
• Second, before each game’s ticket office deadline, you must add approved guests to your Game List.

Note: Guests are required to show proof of identity at the ticket gate.
IN THE NEWS

Notre Dame Launches Academic Fraud Investigation

The University of Notre Dame launched an investigation relating to academic fraud. The school released a statement that several student-athletes were suspended from competition and others were under investigation stemming from allegations of academic fraud, including, submitting papers and homework written by others.

KEY TAKEAWAYS
1. Student-athletes must complete their own school work.
2. Only authorized personnel (individuals appointed by OSAD) may be involved with student-athletes’ course work and those individuals must follow OSAD rules.
3. Student-athletes who do not submit their own work (e.g., if they buy papers off the internet or engage in any other form of cheating) may face ineligibility, expulsion, or loss of financial aid.

Former Clemson Student-Athlete Alleges Hazing

A former Clemson women’s soccer player alleged that the women’s soccer program and several former teammates engaged in a hazing ritual in which she said she was blindfolded and ran into a brick wall at the team’s playing field. The former student-athlete suffered series injuries and eventually had to give up soccer.

KEY TAKEAWAYS
1. Hazing is any intentional or reckless act committed by a student against another student in connection with initiation into membership in any organization that is affiliated with the university and the act contributes to a substantial risk of or causes a potential physical injury, mental harm, or degradation.
2. ASU policy prohibits hazing, solicitation to engage in hazing, and aiding and abetting another person who is engaged in hazing.
3. For more information on ASU’s hazing prevention policy, please go to the following link: http://www.asu.edu/aad/manuals/ssm/ssm104-03.html.

FANTASY FOOTBALL

Participating in a fantasy sports league is a form of gambling under NCAA legislation if there is an entry fee or if any participant can win a prize.

Therefore, if you participate in a fantasy league for a prize, it is an NCAA violation. This includes daily fantasy leagues such as Fan Duel.