

# **Recruiting 101**

## PERMISSIBLE RECRUITING ACTIVITIES FOR SDA STAFF (see sport-specific restrictions below)

Staff designation	Make calls	<b>Receive calls^</b>	Electronic correspondence	Contact^	Evaluate
Countable coach	Yes	Yes	Yes	Yes	Yes
Athletics Director/SWA	May return calls	Yes	Yes	On campus Off campus during official visit	No
Administration	No	Yes	Yes	On campus Off campus during official visit	No
Sport specific staff (e.g., director of operations, quality control)	No*	Yes	Yes	On campus Off campus during official visit	No
Volunteer coach	No*	Yes	Yes	On campus Off campus during official visit	No
Student manager/assistant	No	No	No	On campus Off campus during official visit	No
Graduate assistant (football)	Yes**	Yes	Yes	On campus Off campus during official visit	No

\* Exception for calls regarding camp/clinic logistical issues or during an unofficial (1 day before) or official visit (5 days before).

\*\* If passed the NCAA coaches' recruiting exam.

^ See below for the NCAA rules relating to receiving calls from prospects (and their family members).

### **TELEPHONE CALLS AND RECRUITING CORRESPONDENCE**

Sport(s)	Outgoing telephone calls**	Incoming telephone calls	Correspondence/Private messages	
Men's Ice Hockey	January 1 - sophomore year	January 1 - sophomore year	January 1 - sophomore year	
Men's Basketball	June 15 - after sophomore year	Anytime	June 15 - after sophomore year	
Baseball and Women's Basketball	September 1 - junior year	Anytime	September 1 - junior year	
Football*	April 15 to May 31 - junior year	A rutim r	September 1 - junior year	
	September 1 - senior year	Anytime		
Lacrosse and Softball	September 1 - junior year	September 1 - junior year	September 1 - junior year	
All Other Sports	June 15 - after sophomore year	June 15 - after sophomore year	June 15 - after sophomore year	

\* Only one call total from April 15 to May 31 of junior year. One call per week beginning in senior year. All phone calls in football must be made through the ARMS app. \*\* In all other sports, only the first communication (e.g., phone call, text message) must be made through the ARMS app.

#### **RECRUITING VISITS**

Sport(s)	Unofficial visits	Official visits	
Men's Ice Hockey	January 1 - sophomore year	August 1 - junior year	
Men's Basketball	August 1 - sophomore year	August 1 - junior year	
Women's Basketball and Football	Anytime, but not during a dead period	WBB: Thursday following Final 4 of junior year Football: April 1 of junior year	
Baseball, Lacrosse, and Softball	September 1 - junior year	September 1 - junior year	
All Other Sports	August 1 - junior year	August 1 - junior year	

### **OFF-CAMPUS CONTACTS AND VERBAL OFFERS**

Sport(s)	First permissible date for off-campus contact	Verbal offers	
Men's Ice Hockey	August 1 - junior year	August 1 - junior year	
Men's Basketball	Opening day of classes - junior year	Not legislated	
Women's Basketball	March 1 - junior year	Not legislated	
Baseball and Football	July 1 after junior year	Not legislated	
Lacrosse and Softball	September 1 - junior year	Not legislated, but September 1 of junior year is first recruiting interaction	
All Other Sports	August 1 - junior year	Not legislated, but June 15 after sophomore year is firs recruiting interaction	

For the recruiting rules relating to southern hemisphere prospects, please click here.