



# SUN DEVIL COMPLIANCE

VOLUME 10 - ISSUE 3 - OCTOBER 2019



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## RECRUITING MATERIALS

The initial dates that coaches and staff may send or give recruiting materials to prospects are listed below.

### Sport

### Permissible date to provide to prospects

Ice hockey	January 1 of sophomore year
Baseball, football, women's basketball, softball, and lacrosse	September 1 of junior year
All other sports	June 15 after sophomore year



### After 1st permissible date

Once it is permissible to send recruiting materials to a prospect, coaches and staff are required to abide by the following guidelines.



### General correspondence

May provide in person, during campus visits, or send by mail or electronic correspondence

Examples: Printed materials, emails, texts, direct messages (Facebook), instant messages

Printed materials may not exceed 8 1/2 by 11 in.

Envelopes may not exceed 9 by 12 in.

No content or design restrictions



### Photos

May send by electronic correspondence

Examples: Camera photo, Snapchat photo

No content or design restrictions

### Videos and animations

May be shown in person or sent by electronic correspondence

Examples: GIFs, Snapchat videos, Animojjs

May be created for recruiting purposes but CANNOT be personalized

Note: All electronic correspondence must be private between only the sender and the recipient (e.g., no group messages).

## 2019 - 20 COMPLIANCE STAFF

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## Get to know your Compliance Office



**Deidra Dorough**  
Compliance Intern

1. Hometown: Las Vegas, NV
2. Alma mater and sport played: University of New Mexico - Swimming
3. Quote that defines Deidra: "Go Bos."
4. Hobbies outside of school/work: Working out, hiking, camping, and watching the Yankees.
5. Interesting fact: I've been run over by my own car.

## FROM THE ARCHIVES

### SAN JOSE STATE UNIVERSITY

San Jose State was penalized by the Committee on Infractions for multiple CARA violations over the course of 26 weeks in its baseball program. Student-athletes raised concerns to the administration during non-compliance meetings relating to the number of hours they were participating in baseball activities. Most of the violations occurred when coaches observed student-athletes participating in what they considered voluntary activities. The baseball program also did not accurately record CARA hours including the times when skill instruction and practice exceeded the scheduled time.

#### KEY TAKEAWAYS:

1. Warm-ups and extra hitting are examples of countable activities when observed by coaches (including strength coaches) or staff.
2. Coaches and staff must "at all times accurately record the amount of time student-athletes are involved in athletically related activities."
3. Coaches and staff should work closely with their strength coach to ensure that accurate hours are recorded for all strength and conditioning activities especially when no coaches or staff are present. This will help prevent the "bleeding over" of hours that could cause daily/weekly limits to be exceeded.

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## SPORTS PSYCHOLOGISTS: COACHING LIMITS AND CARA/RARA

Sports psychologists may attend practices and competitions without violating the coaching-limitation rules provided they do not give student-athletes technical or tactical instruction related to the sport. In addition, sports psychologists may evaluate student-athletes during practices and competitions provided they do not communicate with student-athletes while on the field or court. These evaluations may only be for the purpose of assisting student-athletes in off-field noncoaching activities (e.g., mental imagery).

Sports psychology sessions could be CARA or RARA and then must be included on CARA logs or RARA calendars.

**CARA** - A sports psychologist session that is directly related to a sport (e.g., mental imagery) must count towards daily/weekly hours, unless the session:

- Is initiated by a student-athlete;
- Involves only a student-athlete and a sports psychologist; AND
- No information is reported back to the sport staff.

**RARA** - A psychologist session that relates to bona fide leadership, life skills, and/or team-building activities and involves only one sport does not count towards time limits, but may not occur on an off day.

**N(on)ARA** - A psychologist session that clearly relates to the health and well-being of a student-athlete (e.g., depression, substance abuse) does not count towards time limits and may occur on an off day.

Please contact the Compliance Office with any questions relating to sports psychologists.

## S P O T   T H E   V I O L A T I O N

The University of Argon swimming coaches had several prospects on campus for official visits last weekend. The top prospect took a picture on the football field before the game and posted it to twitter saying, "I can't wait to play in Argon colors!" The assistant swim coach retweeted the post. During the second half, the coach sent a Snapchat video to a senior prospect who could not make the game. The video showed the Argon team on the field and said, "Wish you could be here, Johnny. You would look great in Argon colors!"

# NLI REQUESTS

Click the video to the right for instructions on how to request an NLI or scholarship offer.



How to request an NLI/scholarship agreement

## NLI REMINDERS

<b>Signing Period Dates</b>	All sports except basketball and football: November 13, 2019 through August 1, 2020 Basketball: November 13-20 and April 15, 2020 through May 20, 2020 Dead period for all sports except football: November 11-14
<b>Eligibility</b>	A prospect must (1) register with the Eligibility Center and (2) submit a transcript and test score to the Compliance Office for evaluation.
<b>Agreement</b>	An NLI is a binding agreement that, once signed by a prospect, requires the prospect to attend the signing institution for one academic year, provided the prospect meets all applicable university, conference, and NCAA rules for the receipt of aid.  The NLI must be accompanied by a financial aid agreement, which serves as the institution's commitment to provide financial aid for a designated period.
<b>Recruiting Ban</b>	Once a prospect signs an NLI, other institutions may not recruit the prospect.
<b>NLI Penalty</b>	A prospect who does not attend the signing institution or attends for less than one full academic year may not represent a second institution in competition until he or she completes one academic year in residence. The prospect also loses a season of competition.
<b>Signing Requirement</b>	An NLI must be signed within 7 days of its issuance date and sent to the Pac-12 within 14 days after the prospect signs.

## REDSHIRTING

The term “redshirt year” usually refers to an academic year when a student-athlete practices, but does not compete, with a team. There are a number of rules relating to redshirting.

**Five-year clock:** A student-athlete has five years from the date of initial, full-time collegiate enrollment to complete four seasons of competition.

**Complete season:** Redshirting is determined by looking back to see if a student-athlete engaged in countable competition over the course of the entire season.

**Any competition counts:** If a student-athlete competes in any competition, the student-athlete used a season of competition (e.g., pinch running in softball, false starting in a track and field meet).

Please contact the Compliance Office with any redshirt questions.

## AND THE ANSWER IS...

The Argon coach committed a violation of the recruiting materials legislation when he sent a personalized Snapchat video. While it is now permissible to send videos to prospects for a recruiting purpose, it still is not permissible to personalize those videos. Note, it is permissible to retweet the top prospect's twitter post as long as a coach or staff member does not tell the prospect to post the picture.

# Recruiting Calendars

OCTOBER 2019

## CALENDAR KEY



EVALUATION PERIOD



CONTACT PERIOD



QUIET PERIOD



DEAD PERIOD

*Recruiting Period in MBB*

### MEN'S BASKETBALL

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### WOMEN'S BASKETBALL

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### SOFTBALL

		1*	2*	3*	4*	5*
6*	7*	8*	9*	10*	11*	12*
13*	14*	15*	16*	17*	18*	19**
20**	21*	22*	23*	24*	25*	26**
27**	28*	29*	30*	31*		

\*Evaluation of scholastic practice/competition only.

\*\*Evaluation of scholastic and nonscholastic practice/competition.

### ALL OTHER SPORTS

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## NCAA RECRUITING INFORMATION

Please note this table has dates that run until October 31. Many of the periods run past October 31.

Visit the [NCAA Recruiting Calendars website](https://www.ncaa.org/sport-specific/recruiting) for full recruiting calendars and NCAA sport-specific recruiting guides.