Integral to ASU’s focus on integrity is athletics compliance—following the rules of the NCAA and Pac-12 Conference.

- NLI
- Academic Honor Awards
- Seasons of Competition
- Competing Unattached
- Outside Consultants
- Sports Psychologists
- Nutritional Supplements
- MIPs
SIGNING PERIOD REMINDERS

• November 13, 2019 through August 1, 2020
• Prospect must be registered with the NCAA Eligibility Center
• Academic evaluation should be completed before sending the NLI
• NLI/Scholarship Request Form is in ARMS

SENDING THE NLI

• Please submit requests ASAP and no later than November 7
• Compliance Office will send via DocuSign (or FedEx if requested) on November 8 or 11 (Veterans Day)
• Carol McCracken is the main contact person

TIMELINES

The NLI must be returned:
• To the Compliance Office within 7 days of issuance
• To the Pac-12 and NCAA within 14 days of signing
DEAD PERIODS

November 11-14
• All sports except football
• Track/Cross country – Nov. 11-14 and Nov. 23

#MythBuster: Dead period rules do not apply to phone calls and electronic correspondence

IMPERMISSIBLE ACTIVITIES

• Speaking about a prospect before the signing
• Attending an off-campus signing
• Personally delivering the NLI off campus

PERMISSIBLE ACTIVITIES

• NLI signees may:
  - Have contact with a booster (in-person, telephone)
  - Take a visit during a dead period
• SDA may post on NLI signees’ Facebook walls or Twitter/Instagram handles after the signing
RECRUITING MATERIALS

Coaches and staff may provide NLI signees with pre-enrollment information such as:

- Orientation information
- Strength and conditioning programs

Practice activities in video format, for example:
- Video playbook
- Game clips

SUN DEVIL COMPLIANCE /// COACHES’ RULES EDUCATION

RECRUITING BAN

- Once a prospect signs an NLI with an institution, a recruiting ban goes into effect.
- NLI recruiting ban update: Once a prospect asks for an NLI release, the recruiting ban is lifted.

SUN DEVIL COMPLIANCE /// COACHES’ RULES EDUCATION

/// ACADEMIC HONOR AWARDS

SUN DEVIL COMPLIANCE /// COACHES’ RULES EDUCATION
FOR PROSPECTS

Academic honor awards will not count toward team equivalency limits if the recipient:

• Was ranked in the top 10% of his or her high school graduating class;
• Achieved a cumulative unweighted GPA of 3.5 in high school; or
• Scored a 105 or above on the ACT or 1270 or above on the SAT.

FOR STUDENT-ATHLETES

Academic honor awards will not count toward team equivalency limits if the student-athlete achieves a cumulative GPA of 3.0 before the start of the academic year.

ASU RENEWAL GUIDELINES

Please review the ASU scholarship renewal guide for important information relating to NAmU scholarships.
GENERAL RULES

• A student-athlete has five years from the date of initial, full-time collegiate enrollment to complete four seasons of competition.

• Starts when a student-athlete registers and attends classes for a term, or practices.

CRITERIA FOR COMPETITION

• A student-athlete participates in any competition, regardless of the length of time, during a season.
  - Pinch runs
  - Swims in one relay
  - False starts in a track meet

• Redshirting is not necessarily a coach’s decision (reviewed after the season based on participation).
PRESEASON EXCEPTION

- Sports: Soccer, court volleyball, and basketball
- A student-athlete may compete in preseason exhibitions/scrimmages without using a season of competition during any year at ASU.

NONCHAMPIONSHIP SEGMENT

- Sports: Baseball, beach and court volleyball, lacrosse, soccer, softball, and water polo.
- A student-athlete may compete in competition during the nonchampionship segment (e.g., fall in baseball) without using a season of competition as long as the student-athlete is academically eligible.
- Reminder: No missed class time.

ALUMNI OR FUNDRAISING

- Sports: Most sports (see Compliance Office)
- A student-athlete may compete in alumni, fundraising, or celebrity game/activity without using a season of competition.
PARTICIPATION LOGS
Participation is logged in ARMS based on the information provided on the weekly CARA logs.

/// COMPETING UNATTACHED

GENERAL RULES
Individual sport student-athletes redshirting, serving a year in residence, or eligible and wanting to compete in outside competition (e.g., Phoenix Open in golf) may compete unattached, provided:
GENERAL RULES

- No expenses (e.g., travel, meals, lodging) are received.
- No coaching (e.g., technique, comments related to performance, suggestions) is provided.
- No current uniforms are worn (SDA equipment is ok).
- No SDA affiliation is apparent (i.e., must be clearly identified as being independent of SDA).

REQUEST FORM

Please make sure your student-athletes complete the ARMS Outside Competition form.

OUTSIDE CONSULTANTS
COMPLIANCE RESPONSIBILITIES

SDA currently has 49 outside consultants registered for the 2019-20 academic year.
  • The compliance responsibility does not change for these individuals compared to regular staff members.
  • So there are monitoring and education responsibilities.

EDUCATION

For that reason, outside consultants in the following categories must receive in-person education:
  • Coaching consultants
  • Strength coaches
  • Yoga instructors
  • Mental coaches/sports psychologists

GENERAL RECRUITING RULE

• Generally, only Arizona State University staff members may have in-person, on-campus recruiting contacts with prospects and their family members.
• Former SDA student-athletes and family members of current student-athletes are the only exceptions to the general rule.
NO RECRUITING

Outside consultants are not ASU staff members, and therefore, cannot have recruiting contacts with prospects including contacts while prospects are on official or unofficial visits.

SPORTS PSYCHOLOGIST

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HEALTH AND WELL-BEING

A psychologist session that clearly relates to the health and well-being of a student-athlete (e.g., depression, substance abuse) does not count towards time limits and may occur on an off day.
RARA

- A psychologist session that relates to bona fide leadership, life skills, and/or teambuilding activities and involves only one sport does not count towards time limits, but may not occur on an off day.
- Leadership training/teambuilding NCAA educational column – March 7, 2014

CARA

- A sports psychologist session that is directly related to a sport (e.g., mental imagery) must count towards daily/weekly hours, except if the session:
  - Is initiated by a student-athlete;
  - Involves only a student-athlete and Dr. Shelton; and
  - No information is reported back to the sport staff.
SDA POLICY

• SDA coaches and staff must have dietary or nutritional supplements reviewed by Sports Nutrition before purchasing or providing to student-athletes.

• Sports Nutrition will provide recommendations on how and where to order products for each sport.

• SDA coaches and staff are not permitted to purchase supplements for student-athletes while on the road.

• In case of an emergency or shortage of supplements while on the road, the athletic trainer must review and purchase the items.
REMINDERS

• Purpose – Fortify nutritional needs
• Time period
  – Academic year, or
  – In season, but outside the academic year
• Number
• Business office claims

MEAL PROGRAMS

• Please make sure the Compliance Office knows about any meal program a sport has set up with a local business.
• Coaches and staff need to develop a plan that includes
  – A way to accurately track who ordered what meal on what date and time
  – How often will this be monitored by the sport
  – How often this information will be provided to the Compliance Office

/// ASK FIRST