Integral to ASU’s focus on integrity is athletics compliance—following the rules of the NCAA and Pac-12 Conference.

- Playing and Practice
- Medical Hardship Waivers
- NLI Reminders
- ACS
Playing and Practice
Why Talk About Practice?

Committee on Infractions quote regarding former Eastern Michigan women’s basketball coach:

“According to the former head coach, she was not alone when implementing the so-called ‘15 minute rule,’ in that her coaching colleagues at the institution, the conference, and across the country were also ‘expecting’ student-athletes in their respective programs to report early for practice.”
Why Talk About Practice?

Committee on Infractions quote regarding Michigan football violations:

“The football program exceeded the number of allowable countable coaches. Five quality control staff members monitored and conducted skill development activities, offered advice on technique during practices, and critiqued film with student-athletes.”
Countable Athletically Related Activities

An activity is countable for daily/weekly limits if it:

• Is required;

• Has an athletics purpose;

• Involves student-athletes; and

• Is at direction of or supervised by a coach.
Voluntary Athletically Related Activities

An activity is voluntary (not countable) if ALL are true:

- No reporting back to coach (student-athlete or staff member who observes);

- Initiated and requested by student-athlete;
  - Can provide information regarding available opportunities.
  - Can assign times for requesters.

- Attendance is not recorded; and

- No penalty for missing and no recognition/incentives for attending.
What Makes A “Voluntary” Activity Countable?

- Attendance sheets.
- Penalties for poor performance.
- Coaching presence (walk through).
- Captains reporting to coaches regarding attendance.
- Strength coach directing lifting.

Amended interp: Field/facility prep or maintenance related to practice or competition is NOT a CARA.
Examples of CARAs

When the activities are countable and why:

• Any practice, skill instruction, or competition;

• Strength and conditioning training (including yoga) when directed by a staff member;

• Warm ups when required, directed, or supervised by a staff member;

• Work with outside consultant (including sports psychologist) when required;
Examples of CARAs

When the activities are countable and why:

• Work at camps/clinics when required.

• Work at community service events with athletics nexus when required.

• Heart monitor results when reviewed by coaching staff.

• Film review when directed or observed by staff member.

• Punishments such as morning runs.

Note: This is a non-exhaustive list of examples.
Other Reminders

• No missed class time for CARAs.

• No CARAs allowed:
  – After games.
  – Between midnight and 5 a.m.

• Conditioning is skill instruction if:
  – Offensive or defensive alignments set up; or
  – Equipment related to sport used.

• No public skill instruction:
  – Cannot publicize.
  – Cannot conduct in view of general public.
Medical Hardship Waiver
Requirements

• Incapacitating injury/illness;
• Occurs during the first half of the season;
• Inability to compete for remainder of season;
• Student-athlete has not participated in more than 30% of the games.
• Granted by the Pac-12 after the team’s season is complete.
Incapacitating Injury

• Injury/illness must incapacitate the student-athlete from participating for the remainder of the season.

• Contemporaneous medical documentation is needed from physician and sports medicine staff.
During First Half of Season Requirement

- Championship segment.

- Example:
  - 27-game schedule: No competition after start of 14th game.
30% Requirement

- Conference championship is included in game count.

- Example:
  - 30% of 13 games is 4 games (3.9 rounded up).
  - Student-athlete cannot participate in more than four games.
Pac-12 Information

• Hardship packet:
  – Cover sheet and medical certification form.
  – Student-athlete statement.
  – Schedule (team sport) or calendar (individual sport).
  – Contemporaneous and supplemental medical documentation.
  – HIPPA or Buckley statement.

• FAR review dates:
  – Mid-March.
  – End of June.
  – Beginning of October.
National Letter of Intent
Reminders
NLI – Early Signing Period

• November 12-19

• Prospect must be registered with the NCAA Eligibility Center.

• Academic evaluation must be completed before sending the NLI.

• NLI/Scholarship Request Form is now automated through ACS.
NLI Reminders – Dead Period

• November 10—13
  – Basketball
  – Baseball
  – Golf
  – Gymnastics
  – Softball
  – Swimming and Diving
  – Tennis
  – Volleyball
  – Water Polo
  – Wrestling

• Track/Cross Country
  – Nov. 10-13 and Nov. 22

• Remember the dead period rule does not apply to telephone calls.
Telephone Calls

Track and field/swimming and diving:

• Unlimited calls on the initial NLI signing date and the two days immediately following (Nov. 12-14).
NLI – Impermissible Activities

• Speaking about a prospect before the prospect signs.

• Attending an off-campus signing.

• Personally delivering the NLI to a prospect off-campus.

• Arranging on-campus media coverage for the NLI signing.
  – Any contact with media on-campus is considered pre-arranged by ASU.
Reminders

- NLI signee may have contact with a booster (in-person, telephone).
- NLI signee may take an official or unofficial visit during a dead period.
- A coach or staff member may post a message to the NLI signee’s Facebook wall or Twitter handle after the NLI signing.
NLI Timelines

The NLI must be returned:

- To the Compliance Office within 7 days of issuance.
- To the Pac-12 office within 14 days of signing.
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Ask First!