Integral to ASU’s focus on integrity is athletics compliance—following the rules of the NCAA and Pac-12 Conference.

- Pac-12 Compliance Conference Takeaways
- Secondary Violations
- Occasional Meals
- Supplements
Pac-12 Compliance
Conference Takeaways
Pac-12 Compliance Conference Takeaways

Pac-12 Handbook

• Sport specific Pac-12 regulations, including:
  – Sport specific travel limitations.
  – Video and scouting policies.
  – Playing season policies.

• Coaches are responsible for their sport’s rules.
Issues With Professional Athletes

Preferential treatment.

- Pro athletes may not provide comp tickets, tangible items, draft party access, etc. to current student-athletes.

- Former teammates may only provide the type of benefit that is consistent with what was provided when they were college teammates.

- Former teammates can provide comp tickets to current student-athletes who were a teammate at one time.

- Anything else is a potential violation.
Issues With Professional Athletes

• Agent benefits.
  – Pro athletes become runners for their agents.
  – Benefits become agent benefits and carry up to three times the penalties.

• Draft parties.
  – Most times are funded by agents.
  – Trouble area for current student-athletes.
National Letter of Intent

• Discussion on NLI releases.

• The NLI recruiting ban is in place for both participating institutions and the PSAs.
Recruiting Tailgates

- Six institutions have a recruiting tailgate.
- The tailgates occur at football and basketball games.
Secondary Violations Education
Voluntary Workouts

• Facts:
  – Coaching staff took attendance at voluntary workouts on three separate occasions.

• Penalties:
  – Teams were prohibited from conducting six hours of required practice time;
  – Letter of Reprima...
CARAs

• Facts:
  – Team mistakenly engaged in six days of CARAs during a week in its offseason when the rules only allow them five days of CARAs.

• Penalties:
  – Rules education; and
  – 2-for-1 penalty - team was prohibited from engaging in CARAs for two days when it otherwise was permissible, since it participated in one extra day.
Entertainment

• Facts:
  – Coach accompanied PSA’s club coach to lunch and coach paid for the club coach’s meal because the two had been friends for a number of years.

• Penalties:
  – Letter of Admonishment to the coach involved;
  – Rules education;
  – Coach could not recruit off campus for 15 days; and
  – Coach could not contact any PSA involved in the subject club for 30 days.
Electronic Transmissions

• Facts:
  – Coach sent a “pocket text” message to a recruit while the recruit was on campus for an official visit.

• Penalties:
  – Letter of Admonishment; and
  – Rules education.
Participation Awards

• Facts:
  – Student-athlete sold a participation award (valued at less than $100).

• Penalties:
  – The student-athlete was declared ineligible until reinstated;
  – The student-athlete donated the value of the award to a charity; and
  – Rules education.
Offers and Inducements

• Facts:
  – While at another institution, staff member provided impermissible benefits to a PSA and his family and introduced PSA to a booster.

• Penalties:
  – Salary frozen and contract not extended for one year;
  – Required to attend NCAA regional rules seminar; and
  – Prohibited from any permissible recruiting communications for 90 days.
Occasional Meals
Legislative Requirements

- Infrequent and special occasions in the locale of ASU.
- ASU Staff – meal may be provided at a local restaurant.
- Boosters:
  - May provide a meal on campus or in an individual’s home and may be catered.
  - May provide reasonable local transportation for student-athlete’s to attend the meal.
Occasional meals with boosters require submission of the form along with head coach approval.
Nutritional Supplements
Permissible Supplements

• May not contain any NCAA banned substances; and

• Must fall into one of the following classes:
  – Carbohydrate/electrolyte drinks;
  – Energy bars;
  – Carbohydrate boosters; and
  – Vitamins and minerals.
Protein Supplement Limitation

• Protein supplement must be classified as a non-muscle building supplement.

• The supplement is non-muscle building if it:
  – Is included in one of the four permissible categories;
  – Does not contain more than 30% of its calories from protein (based solely on the package label); and
  – Does not contain additional ingredients that are designed to assist in the muscle-building process.
Percentage of Protein Calories

Clif Builder’s Bar
- 20 protein grams
- 270 calories

Protein grams per serving X 4:
20g X 4 = 80

\[
\frac{80}{270 \text{ Calories}} = 29.63\% = \text{Permissible}
\]
Policy

- All supplements provided to student-athletes must be approved by the Sports Performance staff and/or Sports Medicine staff.

- The Sports Performance staff will order the supplements for each sport.
Away-From-Home Policy

• Coaches are not permitted to purchase supplements for athletes while away-from-home;

• In case of an emergency or shortage of supplements while on the road, the trainer must approve items before purchase.
Ask Before You Act!