Spring Evaluation Period (168 days)

- Two evaluations per prospect (one academic and one athletics).
- If both academic and athletics evaluations are conducted on the same day, it is considered an academic evaluation.
- Two coaches recruiting on the same day counts as two evaluation days.
- No more than two coaches may visit a school on any one calendar day.
- Track meet (Baylor) reminder: If a coach attends a track meet with the intention of watching or being seen by a prospect, it counts as an evaluation.

Coaches may only:
- Visit a school on two calendar days in the spring evaluation period (two visits may be during the same week).
- Evaluate at:
  - Regularly scheduled high school, prep school, and two-year college contests and practices (not all-star games),
  - Regular scholastic activities involving prospects enrolled only at the school the scholastic activities are taking place, or
  - Events that are organized and conducted solely by the state high school association or NJCAA.

Coaches may not:
- Have direct contact with a prospect: Joker Phillips - Florida reminder
- Have a bump with, take pictures with, or sign an autograph for a prospect
- Evaluate at most 7-on-7 practice scrimmages, competitions, etc.
- Attend a recruiting event where prospect info (e.g., athletics or academic credentials, highlight or combine video) is presented or made available
- Attend workouts at training facilities

Head Football Coach Restrictions

During the spring evaluation period, a head coach cannot engage in off-campus recruiting. This prohibition includes:
- In-person, off-campus recruiting contacts with prospects (even NLI signees),
- Participation in off-campus coaching clinics,
- Visits to a prospect’s school for any reason, or
- Meetings with a prospect’s coach at an off-campus location.

Communication Rules

- One call to juniors from April 15 to May 31
- One call per week to seniors and junior college prospects