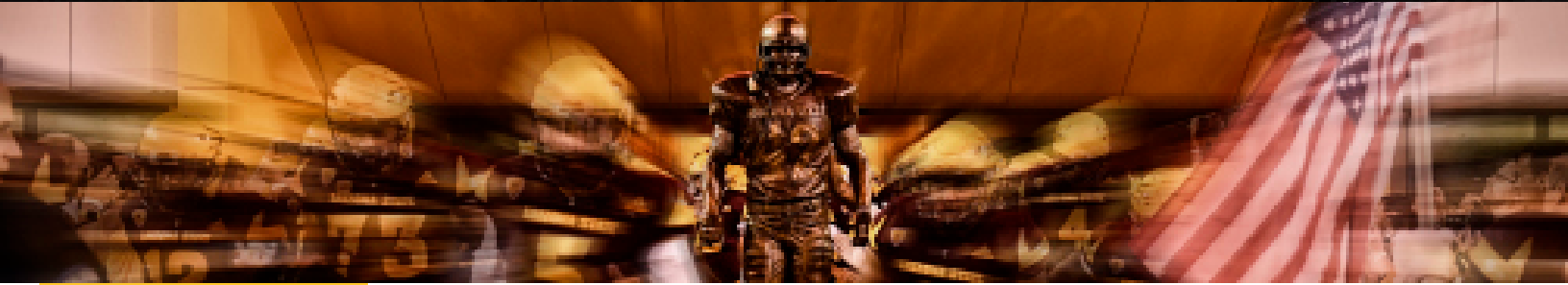




# SUN DEVIL COMPLIANCE

VOLUME 13 - ISSUE 2 - SEPTEMBER 2023



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## IN THE NEWS: GAMBLING

While sports wagering is permissible under Arizona state law, SDA coaches, staff, and student-athletes are still bound by the prohibitive NCAA sports wagering rules. Please watch this educational video by clicking [here](#) to learn more about NCAA sports wagering rules.

In addition to the basic NCAA rules relating to sports wagering, there has been plenty of headlines and articles in the state of Iowa relating to these issues (click [here](#) and [here](#) for articles). The main takeaway is that the data collected through sports wagering apps like Caesars Sportsbook, Bet MGM, FanDuel, and DraftKings can be gathered by states' gaming commissions.



Sun Devil Athletics has partnered with [EPIC Risk Management](#) to provide education and guidance to SDA staff and student-athletes on September 18 and 19. Please contact Alonzo Jones for more information how you and your student-athletes can participate in this important educational programming.

## 2023 - 24 COMPLIANCE STAFF

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**Get to know your Compliance Office**



**Madison Cindric**  
Compliance Coordinator

1. Hometown: Denton, Texas
2. Alma mater: University of Arizona
3. Quote that defines Madison: Opportunities don't just happen. You have to go out and create them.
4. Hobbies outside of work: Cooking and reading.
5. Interesting fact: I have a fear of birds.

IN SEASON	OUT OF SEASON
Maximum of 20 hours each week	Maximum of 8 hours each week <ul style="list-style-type: none"> <li>▪ In football, 2 of the 8 hours may include film review</li> <li>▪ In all other sports, 4 of the 8 hours may include skill instruction, which includes any activity that is not strength or conditioning (e.g., film review)</li> </ul>
Maximum of 4 hours per day	Maximum of 4 hours per day
Required 1 day off per week	Required 2 days off per week

## CARA REMINDERS

- Preseason/vacation practice** Daily and weekly time limitations do not apply during vacation periods for in-season sports. But NCAA legislation requires at least one day off during preseason and vacation periods.
- After competition** CARAs are prohibited after competitions, even during vacation periods (e.g., it is impermissible to make student-athletes run after competition to maintain fitness levels).
- 8-hour overnight period** RARAs, which include any countable activities, are prohibited for an 8-hour period between 9:00 pm and 6:00 am. An exception exists for a promotional practice (e.g., first practice of the season). Please check with the Compliance Office before holding such a practice.
- 4 hours of skill instruction** NCAA legislation allows all sports except football to conduct up to 4 hours of skill instruction each out-of-season week. Football may conduct up to 2 hours of film review each out-of-season week.
- ARMS CARA logs** All CARAs and RARAs must be accurately entered into the sport's CARA log each week. CARA logs are due every Monday by 11:59 pm. Please encourage your student-athletes to review and approve or reject the CARA logs each week.
- Pac-12 RARA chart** Coaches and staff are encouraged to review the Pac-12 RARA chart located [here](#) for more information regarding categorization of countable activities. Please contact the Compliance Office with specific questions relating to this chart.

## RARA AND VOLUNTARY ACTIVITIES

RARA	VOLUNTARY ACTIVITIES
A RARA is any activity that has any relation to a student-athlete's participation in athletics that is required. The general rule is that RARAs cannot occur on off days. So off days are truly off, except: <ul style="list-style-type: none"> <li>▪ Rehab and other medically-related activities,</li> <li>▪ Study tables and other academic requirements from OSAD, and</li> <li>▪ Multi-sport life skills events.</li> </ul>	For an activity to be voluntary, all of the following must be true: <ul style="list-style-type: none"> <li>▪ No reporting of information related to the activity to a coach or other staff member,</li> <li>▪ The request is initiated by the student-athlete,</li> <li>▪ Attendance is not recorded, and</li> <li>▪ No penalty for missing and no recognition/incentive for attending.</li> </ul>

Tom is a track prospect who just finished competing in a local track meet. After the track meet ends, Tom gets together with the track coach and a current track student-athlete for dinner at ASU. When the check comes, the coach suggests it would be easier to cover the bill himself than to have everyone split the bill. Spot the violation.



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# OFFICIAL VISITS

## Ten Rules to Remember

- 1 **Eligibility** High school prospects must submit all transcripts, register with the Eligibility Center, and be placed on ASU's request list. Transfers must submit college transcripts. Please make sure transcripts have the prospect's name, school's name, and all coursework on it.
- 2 **Two nights** Official visits cannot last longer than two nights. The two nights begin when prospects arrive on campus or receive entertainment. Prospects may stay a third night if they arrive in Tempe too late to start the visit. Please work with Matt Epstein up front if you use this exception.
- 3 **Tryouts** Prospects may not participate in recreational activities supervised by staff members. Coaches and staff may now organize these activities (e.g., place on itineraries). Basketball prospects may participate in on-campus evaluations (subject to time restrictions) only if they are approved by the Compliance Office.
- 4 **Student hosts** Student hosts may no longer receive host money. There is a \$60 per person (prospect plus family members) limit for entertainment. Please work with Matt relating to any entertainment.
- 5 **Comp admissions** Prospects may receive up to five complimentary admissions via pass lists to regular season, home athletics events.
- 6 **Meals** Prospects and up to four of their family members may receive up to three meals each day.
- 7 **Cash** Student hosts, staff members, or boosters may not provide prospects with cash.
- 8 **Automobiles** Neither prospects nor hosts may be provided the use of automobiles.

# FOOTBALL GAMEDAY REMINDERS

With many of you having prospects attending upcoming football games during unofficial and official visits, we want to remind you of the process for requesting complimentary tickets to football games. After completing either the unofficial or official visit workflow, you must go into a prospect's ARMS profile and request complimentary tickets (ticket icon) in the top right-hand corner of the page. If you are requesting complimentary tickets for a prospect, remember your sport cannot be in a recruiting dead period and the prospect must be of permissible age.

Please be cognizant of SDA policies regarding on-field access for prospects:

- The check-in table to receive on-field wristbands is located at the SAF gate
- A PSA must be accompanied by a sport's staff member
- Guests of prospects will not be allowed on to the field
- Anyone who arrives later than 20 minutes until kickoff (e.g., after 7:10pm for a 7:30pm kickoff) will not be able to go on to the field

## AND THE ANSWER IS . . .

Prospects may not receive a meal during an unofficial visit. Here, Tom is a prospect on an unofficial visit. While he can go to a meal with the track coach, the track coach can not pay. The track coach committed a violation by paying for the prospect's meal during an unofficial visit.

# RECRUITING CALENDARS

For information about permissible dates for various recruiting activities, check out our Recruiting 101 tip sheet, available [here](#). And please see sport recruiting calendars listed below.

## SEPTEMBER 2023

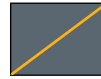
### CALENDAR KEY



EVALUATION PERIOD



CONTACT PERIOD  
(Recruiting Period in MBB)



QUIET PERIOD



DEAD PERIOD

### FOOTBALL

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### BASEBALL

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### MEN'S BASKETBALL

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### SOFTBALL

					1*	2*
3*	4*	5*	6*	7*	8*	9*
10*	11*	12*	13*	14*	15*	16*
17*	18*	19*	20*	21*	22*	23*
24*	25*	26*	27*	28*	29*	30*

\* Softball evaluations only at scholastic practices and competitions.

### WOMEN'S BASKETBALL

					1*	2*
3*	4*	5*	6*	7*	8*	9*
10*	11*	12*	13*	14*	15*	16*
17*	18*	19*	20*	21*	22*	23*
24*	25*	26*	27*	28*	29*	30*

\* Contact period for high school seniors; evaluation period (scholastic activities only) for all other prospects.

### WOMEN'S LACROSSE

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### ALL OTHER SPORTS

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Please note this table has dates that run until September 30. Many of the periods run past September 30.

Visit the [NCAA Recruiting Calendars website](#) for full recruiting calendars and NCAA sport-specific recruiting guides.

# ASK FIRST!