

PERMISSIBLE RECRUITING ACTIVITIES FOR SDA STAFF (see sport-specific restrictions below)

Staff designation	Make calls	Receive calls [^]	Electronic correspondence	Contact [^]	Evaluate
Countable coach	Yes	Yes	Yes	Yes	Yes
Athletics Director/SWA	Yes*	Yes	Yes	On campus Off campus during official visit	No
Administration	Yes*	Yes	Yes	On campus Off campus during official visit	No
Sport-specific staff (e.g., director of operations, quality control)	Yes*	Yes	Yes	On campus Off campus during official visit	No
Student manager/assistant	No ^{^^}	No	No ^{^^}	On campus Off campus during official visit	No
Graduate assistant (football)	Yes	Yes	Yes	On campus Off campus during official visit	No

* If the staff member has and uses an institution-issued phone under SDA policy.

[^] See below for the NCAA rules relating to receiving calls from prospects (and their family members).

^{^^} Under SDA policy, only coaches and staff members with institution-issued cell phones can send electronic correspondence or make recruiting calls.

TELEPHONE CALLS AND RECRUITING CORRESPONDENCE

Sport(s)	Outgoing telephone calls**	Incoming telephone calls	Correspondence/ Private messages
Men's Ice Hockey	January 1 - sophomore year	January 1 - sophomore year	January 1 - sophomore year
Men's Basketball	June 15 - after sophomore year	Anytime	June 15 - after sophomore year
Baseball	August 1 - junior year	August 1 - junior year	August 1 - junior year
Women's Basketball	June 1 - after sophomore year	Anytime	June 1 - after sophomore year
Football	June 15 - after sophomore year	Anytime	June 15 - after sophomore year
Lacrosse and Softball	September 1 - junior year	September 1 - junior year	September 1 - junior year
All Other Sports	June 15 - after sophomore year	June 15 - after sophomore year	June 15 - after sophomore year

** In all sports, only the first communication (e.g., phone call, text message) must be made through the ARMS app.

RECRUITING VISITS

Sport(s)	Unofficial visits	Official visits
Men's Ice Hockey	January 1 - sophomore year	August 1 - junior year
Men's Basketball	August 1 - sophomore year	August 1 - junior year
Women's Basketball and Football	Not legislated	WBB: January 1 of junior year Football: April 1 of junior year; September 1 of senior year
Baseball, Lacrosse, and Softball	September 1 - junior year	September 1 - junior year
All Other Sports	August 1 - junior year	August 1 - junior year

OFF-CAMPUS CONTACTS AND VERBAL OFFERS

Sport(s)	First permissible date for off-campus contact***	Verbal offers
Men's Ice Hockey	August 1 - junior year	August 1 - junior year
Men's Basketball	Opening day of classes - junior year	Not legislated
Women's Basketball	September 1 - senior year	Not legislated
Football	January 1 - junior year	Not legislated
Baseball, Lacrosse, and Softball	September 1 - junior year	Not legislated, but September 1 of junior year is first recruiting interaction (August 1 in baseball)
All Other Sports	August 1 - junior year	Not legislated, but June 15 after sophomore year is first recruiting interaction

***Please click [here](#) for NCAA recruiting calendars.