



SUN DEVIL COMPLIANCE

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LEGISLATIVE UPDATES

Name, Image, Likeness

NCAA rules allow a student-athlete to be compensated for the use of one's name, image, or likeness. An "NIL activity" is any business activity in which a student-athlete is compensated in any way for the use of the student-athlete's NIL. Examples include personal athletically- or nonathletically-related businesses, social media influencing, promotional appearances, camps, lessons, and autograph sessions.

An SDA student-athlete must follow ASU's NIL activity policy, available [here](#). And for more information about NIL, check out the Compliance Office NIL webpage, available [here](#).

One-Time Transfer Exception

A student-athlete in any sport including baseball, basketball, hockey, and football can transfer one time from one 4-year institution to another and be immediately eligible if:

- The student-athlete left the previous institution academically eligible and in good standing.
- Both the student-athlete and the head coach from the new institution certify in writing that no impermissible communications happened.
- The student-athlete met the deadline to request to be put in the transfer portal (May 1 for fall or winter sports and July 1 for spring sports).*

*There are exceptions to these dates if the student-athlete's aid is reduced, canceled, or nonrenewed, or if the head coach of the student-athlete's team departs or announces departure from the institution.

For more information, please read the NCAA educational column located [here](#).

Initial Eligibility

The NCAA Eligibility Center announced that prospective student-athletes enrolling in 2022-23 will not need standardized test scores (e.g., ACT, SAT) to meet initial-eligibility requirements. This means that 2021-22 and now 2022-23 enrollees will meet initial-eligibility requirements if the enrollees earn a 2.3 GPA in 16 core courses (10 of which must be completed by the start of the senior year).

2021 - 22 COMPLIANCE STAFF

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CARA CLEARANCE

COMPLETE CANVAS COURSE/QUIZ

Student-athletes must complete the beginning-of-the-year compliance education course in Canvas and receive a 10/10 on the quiz.

COMPLETE FORMS

Student-athletes must complete their required compliance forms in ARMS.

RECEIVE MEDICAL CLEARANCE

Student-athletes must pass their physicals and the Compliance Office must receive medical clearance from the sports medicine staff.

METRICS REPORT

Five areas of program and coach compliance behavior are measured and included in the President and AD's annual compliance metrics report. Those areas are indicators of SDA's compliance culture (they are all very basic and necessary compliance activities) as well as the Compliance Office's effectiveness in communicating our messages. If you have any questions regarding metrics, see Steve. Here are the five coaches' metrics and information about each:

Monthly newsletter read rate – The newsletter is sent out at the beginning of each month to all coaches, and, for those who fail to read that newsletter, the middle of each month. Coaches have until the next month's newsletter is distributed to click and read.

Mandatory attendance at monthly compliance meetings – Meetings typically occur the third Tuesday of every month (August - June) at 11:15 am via Zoom (for the foreseeable future). Please note that the December meeting will be on the second Tuesday in December. Justin sent out the meeting invites on August 3 for all education meetings that will take place during the 2021-22 academic year including the first meeting on August 17 at 11:15 am. These meetings are mandatory including for volunteer coaches.

Absences from mandatory meetings – Absences are only excused if coaches are out of town for competition or recruiting and notify the Compliance Office and sport supervisor(s) before the meeting and get approval. Other absences will be reviewed on a case-by-case basis so long as the coach notifies the Compliance Office before the meeting occurs. Coaches who have excusable absences must complete a makeup video session to be listed as excused in the report.

Timely CARA log submission – Logs must be submitted every week by Monday at 11:59 pm during the academic year (and during summer for mandatory workouts in basketball and football). Cross country, football, soccer, triathlon, and volleyball must begin recording hours on their first day of practice.

Timely recruiting statement submission – Recruiting statements must be submitted by the fifth business day of each month. The recruiting statement is sent via ARMS on the first of every month and can be accessed through the link provided in your email.

Violations – The metrics report includes information regarding the types and number of violations for each sport. Coach involvement in violations is also included in the sport-specific section of the metrics report.

LIEU CHECKS

Student-athlete refund (cash-in-lieu) checks will be mailed out again this year due to Student Business Service protocols. The Compliance Office is working on a plan to pick up many of the lieu checks and have sports distribute them to their student-athletes if the sport so desires. This could help alleviate some mailing issues we have seen in the past. Please contact Justin if your sport would like to coordinate lieu check distributions in the Carson Student-Athlete Center. If your sport does not coordinate anything, please make sure to tell your student-athletes to update their mailing addresses on their MyASU accounts.

PRACTICE HOURS

Countable hours must be recorded on a daily basis for all student-athletes. Time limits are listed below:

IN SEASON	OUT OF SEASON
Maximum of 20 hours each week	Maximum of 8 hours each week <ul style="list-style-type: none"> ▪ In football, 2 of the 8 hours may include film review ▪ In all other sports, 4 of the 8 hours may include skill instruction, which includes any activity that is not strength or conditioning (e.g., film review)
Maximum of 4 hours per day	Maximum of 4 hours per day
Required 1 day off per week	Required 2 days off per week

CARA REMINDERS

- Preseason/ vacation practice** | Daily and weekly time limitations do not apply to preseason practices occurring before the first day of class or the first scheduled contest, whichever is earlier. But NCAA legislation requires at least one day off during preseason and vacation periods.
- After competition** | CARAs are prohibited after competitions, even during vacation periods (e.g., it is impermissible to make student-athletes run after competition to maintain fitness levels).
- 8-hour overnight period** | RARAs, which include any countable activities, are prohibited for an 8-hour period between 9:00 pm and 6:00 am. An exception exists for a promotional practice (e.g., first practice of the season). Please check with the Compliance Office before holding such a practice.
- 4 hours of skill instruction** | NCAA legislation allows all sports except football to conduct up to 4 hours of skill instruction each out-of-season week. Football may conduct up to 2 hours of film review each out-of-season week.
- ARMS CARA logs** | A sport must begin recording CARAs the first day of class (August 19) even if the sport has no hours to report. A fall sport must begin recording hours on its first day of preseason. CARA logs are due every Monday by 11:59 pm.
- Pac-12 RARA chart** | Coaches and staff are encouraged to review the Pac-12 RARA chart located [here](#) for more information regarding categorization of countable activities. Please contact the Compliance Office with specific questions relating to this chart.

TEAM MEETINGS

Student-athletes in out-of-season sports may not participate in non-virtual CARAs (including in-person team meetings) during the summer vacation period, which goes through August 18. So sports may not hold an in-person team meeting or orientation until the first day of fall classes (August 19).

PAC-12 HANDBOOK





The Pac-12 Handbook can be found by clicking [here](#). Please review the material applicable to you and your sport. Included in the handbook is information on individual sport regulations and squad list legislation. You are responsible for understanding and complying with the conference and sport regulations. We are here to help answer any questions.

RECRUITING CALENDARS

For information about permissible dates for various recruiting activities, check out our Recruiting 101 tip sheet, available [here](#). And please see sport recruiting calendars listed below.

AUGUST 2021

CALENDAR KEY

 EVALUATION PERIOD
  CONTACT PERIOD
  QUIET PERIOD
  DEAD PERIOD

(Recruiting Period in MBB)

MEN'S BASKETBALL

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

WOMEN'S BASKETBALL

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16*	17*	18*	19*	20*	21
22	23	24	25	26	27	28
29	30	31				

TRACK/CROSS COUNTRY

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

*Recruiting shutdown period: No visits, off-campus recruiting, emails, texts, phone calls, etc.

VOLLEYBALL

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

BASEBALL

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

LACROSSE

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SOFTBALL

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FOOTBALL

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

ALL OTHER SPORTS

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Softball evaluations only at scholastic practices and competitions.

In wrestling, August 1 is part of a dead period.

Please note this table has dates that run until August 31. Many of the periods run past August 31.

Visit the [NCAA Recruiting Calendars website](#) for full recruiting calendars and NCAA sport-specific recruiting guides.

ASK FIRST!