

SDA Compliance Tip of the Week

Last Day for Spring CARAs

For sports outside the playing season, all CARAs (including required strength and conditioning activities) are prohibited one week before the beginning of ASU's final examination period until the end of ASU's academic term. With finals starting April 29, the last day for CARAs for sports that are outside their playing seasons is April 21. These sports are:

Men's Basketball
Women's Basketball
Soccer
Gymnastics
Swimming & Diving
Wrestling
Triathlon
Cross Country
Ice Hockey*
Volleyball**

*Ice Hockey season ends April 28.

**Volleyball season ends April 26.

Ask First!

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